



## What is an Early Help Champion?

- Early Help Champions are passionate about practice and support the ongoing implementation within their own service area.
- They work within our children's and adult's workforce across the county and will provide some support and advice for their own organisation.
- The aim is for each organisation signed up to the Cumbria
  Safeguarding Children Partnership, (CSCP), to have at least one
  Early Help Champion.





#### Improve practice

- To improve Early Help practice and services for families.
- Create good practice examples to support colleagues.
- Share good practice examples with the Early Help Area Officers.
- Link with the Early Help team regarding any challenges, to ensure the continuous development and improvement of Early Help.





#### Improve practice (cont)

- Keep up to date with local arrangements, such as how and who to share concerns about a child with and referral processes.
- Keep up to date with local policy and procedures.
- To identify gaps in provision/practice and feed this back through Early Help Champions forums.





#### **Share knowledge**

- Attend bespoke Early Help Champions training and cascade the learning to colleagues.
- To ensure Early Help is a regular agenda item on their agencies team meetings.
- To be a point of contact and offer colleagues support.
- Circulate relevant information, campaigns, updates, and resources internally within their organisation/department.



#### **Share knowledge (Cont)**

- To provide advice and signposting in relation to Early Help.
- Meet on a regular basis at Network meetings to add to their knowledge and to build professional relationships.
- Share common themes, learning and challenges and have theirs and other Early Help practitioners' voices heard at practice and strategic level.





The Role of the Early Help Team and CSCP

- To maintain the contact details for Cumbria Early Help Champions.
- To ensure access to peer support through forums.
- To provide a regular newsletter.
- To provide information, resources and learning opportunities.





### The Early Help Team and the CSCP ask...

#### **Early Help Champions:**

- Have completed Early Help eLearning and attend the revised Early Help Signs of Wellbeing in person training, (starting October 2025).
- Have support from their line manager to be an Early Help Champion in their team/organisation.
- Have a keen interest in ongoing learning and professional development and with support of the Early Help Champions forum or external training keep themselves up to date through attending the equivalent of at least one day of training per year related to Early Help.



### How do I become an Early Help Champion?

- It is for each organisation to decide who is best placed within their organisation to be the Early Help Champion, and to decide if the role rests with one person or a number of people.
- Staff wishing to act as an early Help Champion for their organisation or department should firstly seek consent from their manager.

#### **Management support:**

Colleagues who are interested in this role should discuss with their team manager and if agreed, send an application form to: Early Help Mailbox <a href="mailto:Early.Help@cumbria.gov.uk">Early.Help@cumbria.gov.uk</a>



# Early Help Team - Partnership and Assurance





