



**Cumberland
Safeguarding
Children Partnership**

What Training is Right for Me?



What Training is Right for Me?

Cumberland Safeguarding Children Partnership (CSCP) expects that all professionals and practitioners who work directly with children and young people have undertaken the necessary safeguarding training, to allow them to possess the essential standards of competence required to safeguard and protect children and young people in Cumberland.

It should be noted that “children and young people” refers to anyone under the age of 18 years old.

As a result, the CSCP provide a programme of training, which can be undertaken by:

- colleagues from not-for-profit organisations, who work directly with children, young people and their families in Cumberland, or
- colleagues where there is a requirement for you to complete safeguarding related training as part of your Cumberland Council contract.

The training delivered by the CSCP is in line with Statutory Guidance set out within [Working Together to Safeguard Children 2023](#), [Keeping Children Safe in Education 2025](#) and the [Intercollegiate Document for Safeguarding Children and Young People: Roles and Competencies for Healthcare Staff](#).

Some of the multi-agency training delivered is not mandatory; however, it is aimed to supplement mandatory Safeguarding Training within organisations and provide practitioners with an opportunity to enhance their safeguarding knowledge, whilst working effectively and collaboratively with other agencies.

Individuals' Responsibility

Individuals should identify their own training needs, and which courses are appropriate for them through supervision and discussions with their organisation's Safeguarding Lead, based upon their job roles and their contact with children, young people and their families.

Organisations' Responsibility

Individual organisations and agencies remain responsible for ensuring that their staff are competent and confident to carry out their roles safely, including their safeguarding children responsibilities.

Organisations have a responsibility to ensure that level 2 (basic) e-learning training on Safeguarding Children is undertaken by all staff whose roles require them to work directly with children and young people.

It should be noted that for health and police staff, for example, although some of the training stated below is mandatory, this may be completed using your own organisation's training packages, instead of via the CSCP's Learning Management System or Training Courses.

Cancellation and Non-Attendance Policy

The CSCP have a [Cancellation and Non-Attendance Policy](#), which should be read before booking CSCP training.

What Training is Suitable to My Job Role?

The table below details the Training Courses delivered by the CSCP and who should undertake this training:

E-Learning

Course Title	Course Description	Who should undertake this training?	How often should I undertake this training?	Is this Training Mandatory for the roles listed?
Level 2 Safeguarding Children (Often referred to as Level 1)	This is our “Basic” Safeguarding Children Training, which introduces key areas of safeguarding. This course will ensure you have up-to-date knowledge of safeguarding policies, legislation and guidance, and includes ways you can reduce the risk of abuse, the signs and symptoms of different types of abuse, and the impact well-known child abuse and neglect cases have had on legislation.	<p>This Level 2 Safeguarding Children Training should be completed by all professionals and practitioners who work directly with children and young people, whether this is frequent or infrequent.</p> <p>Roles that should complete this training include (but is not limited to):</p> <ul style="list-style-type: none"> • All early years setting staff • All school and college staff (including teaching and support staff, and Governors) • All staff working in healthcare services • Childminders • Designated Safeguarding Leads • Foster Carers • Housing staff • Police Officers • Residential Children’s Home Staff • School Transport staff who have a contract with Cumberland Council • Social Workers • Staff who work in Family Hubs 	<p>School staff, early years staff and childminders should complete this training every 2 years.</p> <p>For all other professionals, you should complete the training within the first 6 months of employment and every 3 years thereafter.</p>	Yes

Course Title	Course Description	Who should undertake this training?	How often should I undertake this training?	Is this Training Mandatory for the roles listed?
		<ul style="list-style-type: none"> • Staff working in not for profit organisations who support children and young people • Youth Workers 		
Child Exploitation and Extra-Familial Harm	This Child Exploitation and Extra-Familial Harm Training Course covers the effects and impacts of sexual exploitation of children. It covers grooming, trafficking, up to date information on Child Sexual Exploitation, and includes challenges and scenarios for an interactive learning experience.	<p>This Child Exploitation and Extra-Familial Harm Training Course should be completed by individuals who work directly with children and young people.</p> <p>Roles that should complete this training include (but is not limited to):</p> <ul style="list-style-type: none"> • Child Exploitation Champions • Designated Safeguarding Leads • Early years Designated Safeguarding Leads • Foster Carers • Housing staff • Police Officers • Residential Children's Home Staff • School and college staff (including teaching and support staff) • Social Workers • Staff who work in Family Hubs • Staff working in healthcare services • Staff working in not for profit organisations who support children and young people • Youth Connect Team members • Youth Offending Service Workers • Youth Workers 	<p>Schools and early years staff should complete this training every 2 years.</p> <p>For all other professionals, you should complete the training within the first 6 months of employment and every 3 years thereafter.</p>	Yes
Understanding the Impacts of Domestic Abuse	This Understanding the Impacts of Domestic Abuse Training Course covers a wide range of information and guidance for all those working	This Domestic Abuse Training Course should be completed by individuals who work directly with children, young people and their families.	School staff, early years staff and childminders should	Yes

Course Title	Course Description	Who should undertake this training?	How often should I undertake this training?	Is this Training Mandatory for the roles listed?
	with individuals who are vulnerable to domestic abuse or suffering from it.	<p>Roles that should complete this training include (but is not limited to):</p> <ul style="list-style-type: none"> • Childminders • Designated Safeguarding Leads • Early years setting staff • Foster Carers • Housing staff • Police Officers • Residential Children's Home Staff • School and college staff (including teaching and support staff) • Social Workers • Staff who work in Family Hubs • Staff working in healthcare services • Staff working in not for profit organisations who support children and young people • Youth Offending Service Workers • Youth Workers 	<p>complete this training every 2 years.</p> <p>For all other professionals, you should complete the training within the first 6 months of employment and every 3 years thereafter.</p>	
Radicalisation and Extremism (Prevent)	This course describes the various forms that radicalisation and extremism take, how it can be recognised and countered in both children, young people, and adults, and information on how to access information, actions to take, and other organisations to contact.	<p>This Domestic Abuse Training Course should be completed by individuals who work directly with children, young people and their families.</p> <p>Roles that should complete this training include (but is not limited to):</p> <ul style="list-style-type: none"> • Child Exploitation Champions • Childminders • Designated Safeguarding Leads • Early years Designated Safeguarding Leads • Foster Carers • Housing staff 	<p>School staff, early years staff and childminders should complete this training every 2 years.</p> <p>For all other professionals, you should complete the training within the first 6 months of employment and every 3 years thereafter.</p>	Yes

Course Title	Course Description	Who should undertake this training?	How often should I undertake this training?	Is this Training Mandatory for the roles listed?
		<ul style="list-style-type: none"> • Police Officers • Residential Children's Home Staff • School and college staff (including teaching and support staff, and Governors) • Social Workers • Staff who work in Family Hubs • Staff working in healthcare services • Staff working in not for profit organisations who support children and young people • Youth Offending Service Workers • Youth Workers 		
Safer Recruitment	This Safer Recruitment Training Course is a set of safe principles that cover essential considerations in the recruitment of new staff to any organisation. This course covers advertising, application forms, selecting candidates for interview based on the information they have presented, and post-interview checks before making an offer of employment.	<p>This Safer Recruitment Training Course should be completed by managers or other staff within organisations who have responsibility for recruitment.</p> <p>Please note that on every interview panel, two people must be Safer Recruitment trained.</p>	Every 2 years.	Yes, for those staff who have responsibility for recruitment

Multi-Agency Training

Course Title	Course Description	Who should undertake this training?	How often should I undertake this training?	Is this Training Mandatory?
Further Awareness of the Safeguarding Environment <i>Previously known as Level 2 Safeguarding Training</i> (Face to face)	This course was previously known as Level 2 Safeguarding Training and is a “step up” to the e-learning course. It is designed to help participants understand more about their safeguarding responsibilities, capturing the voice of the child, professional curiosity and how to make a referral. Along with, up to date information about general safeguarding topics, such as allegations against staff, domestic abuse, online safety and child exploitation.	This “Further Awareness of the Safeguarding Environment” Training can be completed by any professionals or practitioners who work directly with children and young people, whether this is frequent or infrequent. Roles that could complete this training include (but is not limited to): <ul style="list-style-type: none"> • All early years setting staff • All school and college staff (including teaching and support staff) • All staff working in healthcare services • Childminders • Designated Safeguarding Leads • Foster Carers • Housing staff • Police Officers • Residential Children’s Home staff • Social Workers • Staff who work in Family Hubs • Staff working in not for profit organisations who support children and young people • Youth Workers 	School staff, early years staff and childminders should complete this training every 2 years. For all other professionals, you should complete the training within the first 6 months of employment and every 3 years thereafter.	No
Understanding the Levels of Need <i>Previously known as Level 3 Safeguarding Training</i> (Face to face)	This course develops a common understanding of risk management and provides support to Designated Safeguarding Leads and Deputy Designated Safeguarding Leads, so they are clear about:	This “Understanding the Levels of Need” Training is for Designated Safeguarding Leads and Deputy Designated Safeguarding Leads only.	Every 2 years.	Yes

Course Title	Course Description	Who should undertake this training?	How often should I undertake this training?	Is this Training Mandatory?
	<ul style="list-style-type: none"> the thresholds for access to services which support the actions needed to improve the outcomes for children understanding roles and responsibilities identifying exemplars of good practice individual responsibility when working with children, young people and families responsibility of different agencies; and the tools in place to support professionals in their role 			
How to support children and families through Early Help – Signs of Wellbeing	<p>This “How to support children and families through Early Help – Signs of Wellbeing” Training is delivered by the Family Help Area Officers (Partnerships & Assurance) in Cumberland. It provides an overview of the Early Help Offer, the Early Help Process in Cumberland and the Early Help documentation that should be used by agencies.</p>	<p>This “How to support children and families through Early Help – Signs of Wellbeing” Training can be undertaken by all professionals and practitioners who work directly with children, young people and their families.</p> <p>Roles that should complete this Early Help Training include (but is not limited to):</p> <ul style="list-style-type: none"> All school and college staff (including teaching and support staff) Childminders Designated Safeguarding Leads Early years setting staff Housing staff Police Officers Residential Children’s Home Staff Social Workers Staff who work in Family Hubs Staff working in healthcare services 	Every 2 years.	Yes, for staff working in schools, as Keeping Children Safe in Education states that “all staff should be aware of their local early help process and understand their role in it

Course Title	Course Description	Who should undertake this training?	How often should I undertake this training?	Is this Training Mandatory?
		<ul style="list-style-type: none"> • Staff working in not for profit organisations who support children and young people • Youth Workers 		
Impact Chronology Training (Face to face)	This Impact Chronology Training is designed to provide an overview of what an Impact Chronology is, what to include in an Impact Chronology and how to present the information, along with how to analyse an Impact Chronology.	<p>Roles that should complete this Impact Chronology Training include (but is not limited to):</p> <ul style="list-style-type: none"> • Designated Safeguarding Leads • Pastoral school and college staff • Residential Children's Home Staff • Social Workers • Staff working in healthcare services • Staff working in not for profit organisations who support children and young people • Youth Offending Service Workers • Youth Workers 	Every 3 years.	No
Level 2 Child Exploitation Training (Face to face)	This Level 2 Child Exploitation Training is a "step up" to the Child Exploitation and Extra-Familial Harm e-learning course. The course is designed to provide more in-depth knowledge and understanding about exploitation, grooming, safety online, the CERAR process, missing episodes and ensuring that there is a contextual approach to child exploitation in Cumberland.	<p>Roles that should complete this Impact Chronology Training include (but is not limited to):</p> <ul style="list-style-type: none"> • Child Exploitation Champions • Designated Safeguarding Leads • Early years Designated Safeguarding Leads • Family Hub staff • Foster Carers • Housing staff • Police Officers • Residential Children's Home Staff • School and college staff (including teaching and support staff) • Social Workers • Staff working in healthcare services • Youth Connect Team members 	Every 2 years.	Yes

Course Title	Course Description	Who should undertake this training?	How often should I undertake this training?	Is this Training Mandatory?
		<ul style="list-style-type: none"> Youth Offending Service Workers Youth Workers 		
Local Authority Designated Officer (LADO) Bitesize Session	This LADO Bitesize Session gives participants an opportunity to meet the LADO Team Manager in Cumberland, who will explain your responsibility and how to inform the LADO of any concerns, as set out in Working Together to Safeguard Children.	<p>Roles that should complete this LADO Bitesize Session include (but is not limited to):</p> <ul style="list-style-type: none"> Designated Safeguarding Leads Pastoral school and college staff Residential Children's Home Staff Social Workers Staff working in healthcare services Staff working in not for profit organisations who support children and young people 	Every 2 years.	Yes
Online Safety Training	This Online Safety Training, which is delivered by the Police, covers essential topics including online safety, cyber security basics, and how to prevent common online threats.	<p>This Online Safety Training is designed for teachers and parents who want to better understand how to keep children safe in today's digital world.</p> <p>Roles that should complete this training include (but is not limited to):</p> <ul style="list-style-type: none"> Childminders Designated Safeguarding Leads Early years Designated Safeguarding Leads Foster Carers School and college staff Staff working in not for profit organisations who support children and young people 	Every 2 years.	No
Responding Well – Domestic Abuse Training (face to face)	<p>This Domestic Abuse Training will:</p> <ul style="list-style-type: none"> Define Domestic Abuse with an update on the DA Act 2021 and the changes to current practice/legislation. 	This training is open to all professionals who work with children, young people and their families.	Every 2 years.	No

Course Title	Course Description	Who should undertake this training?	How often should I undertake this training?	Is this Training Mandatory?
	<ul style="list-style-type: none"> • Ensure a thorough understanding of controlling and coercive behaviour and how abusive relationships develop. • Explore typologies of abuse using Michael Johnson's model and consider how this impacts our assessment of risk and intervention for families. • Understand the importance of risk assessment- using tools such as the SafeLives DASH (as specific to Cumbria which uses a combined DASH) but also our professional judgement • Identify how trauma impacts survivors and how we can work in a more trauma-informed way. • Understand best practice when working with those impacted by DA and how to use our knowledge of DA to respond in a non-victim-blaming way. 			