

We recognise it can be more family friendly to complete the Early Help Assessment on paper. This is a quick guide to the following and is additional to the full guidance. We welcome transfer onto an electronic version where possible.

The following information outlines:

- Relationships and ethnicity choices.
- Reasons for support and reasons for closure.

Relationship descriptions:

These are the recognised relationship descriptions used by Cumberland Council. We understand children may use other names and 'nicknames' for family members, please pick only from the list below.

Aunt	Granddaughter	Mother	Sister in Law
Brother	Grandfather	Mother in Law	Son
Brother in Law	Grandmother	Mother's Partner	Son in Law
Carer	Grandson	Neighbour	Step Brother
Cousin	Great Aunt	Nephew	Step Daughter
Daughter	Great Nephew	Niece	Step Father
Daughter in Law	Great Niece	Other Relationship	Step Mother
Ex-Husband	Great Uncle	Other Relative	Step Sister
Ex-Partner	Great-Granddaughter	Parent	Step Son
Ex-Wife	Great-Grandfather	Partner	Step-Granddaughter
Family Friend	Great-Grandmother	Partner's Daughter	Step-Grandfather
Father	Great-Grandson	Partner's Son	Step-Grandmother
Father in Law	Guardian	Putative Child	Step-Grandson
Father's Partner	Half Brother	Putative Father	Wife
Foster Carer	Half Sister	Putative Mother	Uncle
Friend	Husband	Sister	

Ethnicity:

These are the recognised ethnicity descriptions used by Cumberland Council. We understand people may describe their ethnicity in other ways. Please pick only from this list below. For more information see [Equality information – GOV.UK Design System](#)

Asian	Indian	Irish traveller	Northern Irish
British Asian	Pakistani	Roma	British
Black	Bangladeshi	Arab	Polish
Black British	Chinese	English	European
Caribbean	White British	Welsh	
African	Irish	Scottish	